

## 2026 PITCH COUNT RULES \*

### REQUIRED REST FOR # OF PITCHES THROWN PER DAY

AGE	DAILY MAX (PITCHES IN GAME)	REQUIRED REST FOR # OF PITCHES THROWN PER DAY				
		0 DAYS*	1 DAY	2 DAYS	3 DAYS	4 DAYS
15-16 (Recommendation)	95	1-30	31-45	46-60	61-80	81+
ALB Class B & Junior Programs	105	1-30	31-45	46-60	61-80	81+
ALB Senior Program	105*	1-30	31-45	46-60	61-80	81+

\* **2026 National Rule 1.T Pitching Rule** - No player may pitch more than a total of 105 pitches per day. A pitcher will be allowed to finish a batter if he reaches or exceeds the maximum limit during an at-bat, but must exit the position after that hitter. No player may enter the game as a pitcher without having fulfilled the required rest days as mandated in the chart above. No player may make more than two appearances as a pitcher during any consecutive three-day period.

\* **2026 National Rule 1.T.2. Pitching Rule** - If a player returns as a pitcher in the same game, he will be charged with another appearance.

\* **2026 National Rule 1.T.3. Pitching Rule** - If a team has multiple games on the same day, a pitcher who pitches more than 45 pitches in Game 1 may not pitch in a subsequent game that day and will be required to follow the rest protocol listed.

\* **2026 National Rule 1.T.4. Pitching Rule** - A day is defined as 8 a.m. to 8 a.m.

\* Applies to all teams registered as Class B teams in Montana/Alberta Legion baseball.

**For all post season tournaments the pitch count will be annouced every half inning.**

**Press box should notify umpire when a pitcher reaches 95 pitches**